

Lunch Menu

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Chilli Con Carne with a Hidden Vegetable Sauce, Rice & Homemade Nachos	Homemade Chicken Pie with Mashed Potatoes + Spring Greens	Homemade White Fish Fishcakes with Homemade Skin on Chips + Baked Beans	Roast Chicken with Roast Potatoes, Cauliflower, Carrots, Peas + Yorkshire Pudding	Homemade Macaroni Cheese with Baby Corn, Carrots + Broccoli

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
Cod in a Homemade Tomato + Pepper Sauce with Cou Cous, Peas + Corn	Roast Pork with Roast Potatoes, Broccoli, Carrots, Cabbage + Yorkshire Pudding	Homemade Chicken Masala Curry with Vegetables in the Sauce, Rice & Naan Bread	Homemade Beef Moussaka with Homemade Pitta, Tomato, Cucumber + Lettuce	Homemade Chicken Parm Pasta with Broccoli + Carrots

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
Pitta Margaritta Pizza with Wedges, Veg Sticks + Corn on the Cob	Spaghetti Bolognese with a Homemade Hidden Vegetable Sauce & Garlic bread.	Roast Chicken with Roast Potatoes, Cabbage, Green Beans, Carrots + Yorkshire Pudding	Homemade Tuna Fishcakes with Homemade Chips + Corn	Chicken Fajitas with Cous Cous, Tomato, Cucumber + Lettuce

All food is homemade at Pre-School, you may get variations sometimes, please check the lunch list on the day. Water or Milk is served with all snacks & meals. Every main meal will be followed by a pudding which will be fresh fruit / Greek yogurt. We celebrate a lot of festivals & sample different foods, lunches may change on these days. The menu is subject to change, you will always be notified of these changes. We can offer a vegetarian option & will adapt meals to any special dietary/religious needs. Morning snack is a selection of fresh fruit, toast & cheese. Afternoon snack is a selection of fruit with sandwiches/crumpets/muffins/wraps/crackers. We have a list of allergens on the noticeboard or please speak to Wendy or Sophie.